

SOUTHERN UTAH SUICIDE AND GRIEF/BEVEREAMENT PROVIDERS

As of May 1, 2016

NAME AND CONTACT INFORMATION		TREATMENT POPULATON	ACCEPT REFERRALS?		ACCEPT CRISIS CALLS?		INSURANCES ACCEPTED	RATES PER HOUR	COMMENTS
NAME	CONTACT INFORMATION		SUICIDE RISK	GRIEF/BEREAVEMENT	CRISIS CALLS	CRISIS PHONE			
Afualo, Dan	2460 East 3670 South St. George, UT 84790 (435) 229-5560 dafualo70@gmail.com		Yes	Yes					
Arnold, Paul	Southern Utah Mental Health 2069 Main St #105 Cedar City, UT 84721 (435) 625-0735 paularnold.therapist@gmail.com	Children Adolescents Adults Seniors	Yes	Yes	Yes		<ul style="list-style-type: none"> Some insurance companies (contact office to see which insurance panels they are listed on) 	<ul style="list-style-type: none"> Individual-\$80 Family-\$80 Has sliding fee scale No pro bono work 	Practice has two females and one other male on staff (four therapists).
Bacon, Jaime	437 South Bluff #202 St. George, UT 84770 (435) 688-2391 jaimebaconlcsw@gmail.com	Children Adolescents Adults Seniors	Yes	Yes			<ul style="list-style-type: none"> Aetna BCBS Crime Victims Reparations DMBA EMI Medicare PEHP Tricare Sierra Spectrum United Beh. Health Vocational Rehabilitation 	<ul style="list-style-type: none"> Individual - \$135-initial \$110-follow-up if private pay, \$125-initial \$100-follow-up Family-\$135-initial \$110-follow-up if private pay \$125-initial \$100-follow-up No sliding fee scale No pro bono work 	Private practice Office hours Tuesday and Wednesday from 8:00 am-6:00 pm with some flexibility to schedule additional office time as needed
Bawden, Kelly	211 West 200 South St. George, UT 84770 (702) 761-3312 kellyjobawden@gmail.com	Adolescents Adults Seniors	Yes	Yes			<ul style="list-style-type: none"> In progress 	<ul style="list-style-type: none"> Individual - \$85 Family-\$85 Group-\$35 No sliding fee scale Does pro bono work 	Specializes in addiction and co-occurring disorders.
Beatty, Eva L	437 South Bluff, Ste. 202 St. George, UT 84770 (435) 272-7974	Adolescents Adults Seniors	Yes	Yes	Yes	Established patients only	<ul style="list-style-type: none"> BCBS EMI PEHP 	<ul style="list-style-type: none"> Individual-\$100 Family-\$100 No sliding fee scale Does pro bono work 	Available in Hurricane as well. We work financially with individuals who do not have insurance coverage.

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Burningham, Sandi	The Lotus Group Counseling and Consulting 1173 South 250 West, Ste. 203 St. George, UT 84770 (435) 986-0522 sandiburningham@hotmail.com	Adolescents Adults Seniors	Yes	Yes			<ul style="list-style-type: none"> Aetna Altius BCBS 	<ul style="list-style-type: none"> Individual - \$100 Family-\$100 Group-\$40 No sliding fee scale No pro bono work 	
Bulkley, Matt	Therapy Associates 166 North 300 West, Suite 1 St. George, UT 84770 (435) 862-8273 matt@therapyassociates.net	Children Adolescents Adults Seniors	Yes	Yes	No		<ul style="list-style-type: none"> BCBS Cigna Aetna United 	<ul style="list-style-type: none"> Individual - \$80 Family-\$80 Group-\$30 No sliding fee scale No pro bono work 	
Chamberlain, Ron	Intermountain Healthcare 320 East 600 South St. George, UT 84770 (435) 688-4850 ronald.chamberlain@imail.org		Yes	Yes					
Chipman, Lani	Hurricane Valley Counseling Center 201 North State Street, Suite 1 Hurricane, UT 84737 (435) 680-6276 lanichipman@msn.com	Children Adolescents Adults Seniors	Yes	Yes	Yes		<ul style="list-style-type: none"> Accept insurance plans – out of network 		
Christiansen, Ryan	ABC Counseling Services 321 North Mall Dr. St. George, UT 84790 (435) 773-2063 achievecontrol@gmail.com	Adolescents Adults	Yes	Yes	No		<ul style="list-style-type: none"> ACS US Dept. of Labor Aetna US Healthcare CAQH EMI Health Healthways Whole Health Network Interface EAP Multiplan – PHCS UNI Behavioral United Behavioral Health Wise Provider Networks 	<ul style="list-style-type: none"> Individual - \$100 Family-\$120 Group-\$50 No sliding fee scale No pro bono work 	Spanish speaking

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Clayton, Mark	750 W. Ridgeview Drive #103 St. George, UT 84770 (435) 673-4870 mclaytonlcsw@scinternet.net	Adolescents Adults	Yes	Yes	Yes	(435) 229-9887	<ul style="list-style-type: none"> Aetna BCBS EMIA Medicare PEHP Select Health DMBA 	<ul style="list-style-type: none"> Individual - \$85-140 Family-\$95-145 Group-\$45 No sliding fee scale No pro bono work 	
Davies, Winona	Harmonics Counseling 2139 East 270 South St. George, UT 84790 winona.davies@gmail.com	Children Adolescents Adults Seniors		Yes			<ul style="list-style-type: none"> Self -pay only 	<ul style="list-style-type: none"> Individual - \$40-90 Family-\$60-110 Has sliding fee scale Does pro bono work 	Focuses on holistic model that includes physical, mental, spiritual, and emotional well being
Dickison, Brett	Brett Dickison, LMFT, CSAT 337 South Main Street #200 Cedar City, UT 84720 (435) 233-0379 brett.dickison@utah.gov			Yes					
Dove Center	1240 East 100 South St. George, UT 84790 (435) 628-1204 lindsey@dovecenter.org	Children Adolescents Adults Seniors	Yes	Yes	Yes	435-628-0458		<ul style="list-style-type: none"> No Charge No sliding fee scale Does pro bono work 	Provide crisis hotline advocacy, safe shelter, and case management to victims of domestic violence/ dating violence/ sexual assault/rape who are also dealing with suicidality or suicide loss related to domestic violence, and their children.
Edwards, Blaine	351 W. University Blvd Cedar City, UT 84720 (435) 590-2377 BLEdwardsJ@gmail.com	Adolescents Adults	Yes	Yes	No		<ul style="list-style-type: none"> IHC EAP 	<ul style="list-style-type: none"> Individual - \$75 No sliding fee scale Does pro bono work 	
Einfeldt, Tim	115 N. Main #204 Cedar City, UT 84720 (435) 865-1188 ktimeinfeldt_lcswhotmail.com	Children Adolescents Adults Seniors	Yes	Yes	Yes	435-590-8025	<ul style="list-style-type: none"> Aetna (not on panel) BCBS EMI (not on panel) Medicare (Noridian) PEHP Select Health United Health Care 		

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Eschler, Matt	A Southern Utah Counseling Experience 435 E. Tabernacle #201 St. George, UT 84770 (435) 688-1111 E-mail: meschler@infowest.com	Children Adolescents Adults Seniors	Yes	Yes	Yes	435-688-1111		<ul style="list-style-type: none"> Individual - \$75-\$120 Family-\$75-\$120 Group-\$75-\$120 No sliding fee scale No pro bono work 	Four intern/therapists at this location.
Fawson, Eric	Red Canyon Counseling and Consulting P.O. Box 1042 Panguitch, UT 84759 (435) 690-0373 therapist_eric@live.com	Children Adolescents Adults	Yes	Yes	No			<ul style="list-style-type: none"> Individual - \$75 Family-\$75 No sliding fee scale Does pro bono work 	Significant experience with trauma
Fletcher, Rosie	1700 N Main # 59 Cedar city, UT 84721 (435) 590-0880 redrosie001@yahoo.com	Adults Seniors	Yes	Yes					
Ford, Jeff	393 E. Riverside Dr. St. George, UT 84790 (435) 668-2123 jeffem55@gmail.com	Children Adolescents Adults Seniors	No	Yes	No			<ul style="list-style-type: none"> Individual - \$120 Family-\$120 No sliding fee scale Does pro bono work 	Has additional training in working with individuals/family members who had a family member commit suicide.
Glenn, Leslie, Dr.	654 W. Canyon Creek Dr. Leeds, UT 84746 (435) 652-4596 drleslieglenn@gmail.com	Adolescents Adults Seniors	Yes	Yes	No			<ul style="list-style-type: none"> Individual - \$125 Family-\$125 No sliding fee scale No pro bono work 	Specializing in grief and trauma, addiction, High IQ underachievers, high functioning Autism (previously Asperger's), LGBTQ issues, and marriage & family counseling.
Goode, Jean	321 N. Mall Dr. Bldg I, Ste#102 St. George, UT 84790 (435) 632-1226 jeangoode@aol.com	Children Adolescents Adults Seniors	Yes	Yes	No		<ul style="list-style-type: none"> Altius BCBS Cigna Select Health 	<ul style="list-style-type: none"> Individual - \$100 Family-\$150 Does have sliding fee scale No pro bono work 	
Graff, Chad	630 S. 400 E. #101 St. George, UT 84770 (435) 656-4138 drchadgraff@gmail.com	Adolescents Adults	Yes	Yes	No			<ul style="list-style-type: none"> Individual - \$90 Family-\$90 Group-\$90 No sliding fee scale No pro bono work 	<ul style="list-style-type: none"> Growth-oriented Specialize in working with couples/families

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Gunn, Gordon J	LDS Family Services 2480 East Red Cliffs Dr. St. George, UT 84790 (435) 673-6446 ggunn@utah.gov	Adolescents Adults Seniors	Yes	Yes	No				
Haley, Natalie	Epiphany Counseling 66 West Harding Avenue, Suite C6 Cedar City, UT 84720 (435) 691-2802 natalieo9042@gmail.com	Adolescents Adults Seniors	Yes	Yes			<ul style="list-style-type: none"> EMI 	<ul style="list-style-type: none"> No pro bono work 	<ul style="list-style-type: none"> Trained in EMDR Evening and weekend appointments available
Ham, Martha	Kolob Counseling 437 S Bluff St #202 St. George, UT 84770 (435) 674-4464	Adolescents Adults Seniors	Yes	Yes	Yes	435-674-4464	<ul style="list-style-type: none"> CHIP Crime Victims Reparation EMI Medicare PEHP Select Health 	<ul style="list-style-type: none"> Individual-Initial-\$135, then \$110 Family-initial-\$135, then \$110 No sliding fee scale No pro bono work 	<ul style="list-style-type: none"> Accepts crisis calls of a new referral during business hours After hours crisis calls only for existing clients (will take call but may not be able to be seen immediately),
Harames, Geri	Tru You Counseling, LLC 25 W. 300 N. Washington, UT 84780 (801) 814-8553 msgeri67@gmail.com	Children Adolescents Adults Seniors	Yes	Yes	Yes		<ul style="list-style-type: none"> Out of network Utah Office or Crime Victims 	<ul style="list-style-type: none"> Individual-\$60 Family-\$60 Group-\$10-20 No sliding fee scale No pro bono work 	<ul style="list-style-type: none"> Professional and affordable treatment. Sessions are 90 minutes
Hench, Mike	At the Crossroads 139 North 100 West St. George, UT 84770 (866) 439-0354 mike@quidingyouth.com	Adolescents Adults	Yes	Yes	Yes		<ul style="list-style-type: none"> Most major insurance companies 	<ul style="list-style-type: none"> Individual - \$120 Family-\$120 Group-\$25 Has sliding fee scale No pro bono work 	Works primarily with young adults ages 18-28
Johnson, Helen	A Center for Emotional Health and Well Being 66 W. Harding Ave #C7 Cedar City, UT 84720 (435) 590-4411 helen@4emotionalhealth.com	Children Adolescents Adults Seniors	Yes	Yes	Yes	435-590-4411	<ul style="list-style-type: none"> BCBS Cigna Aetna PEHP EMI Tri-Care West Multiple EAP's 	<ul style="list-style-type: none"> Individual - \$125 Family-\$125 Group-\$50 Has sliding fee scale No pro bono work 	Clients can schedule appointments on her website: www.4edemotionalhealth.com (click on "Schedule Appointment")

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Killian-Harmon, Kathy	Dixie Regional Medical Center 544 South 400 East St. George, UT 84770 (435) 251-1000 kathy.killian@outlook.com	Adolescents Adults Seniors	Yes	Yes	Yes		<ul style="list-style-type: none"> Most insurance companies 	<ul style="list-style-type: none"> Individual - \$70 Family-\$65 (for entire family) Group-\$20 Has sliding fee scale Does do pro bono work 	Does not treat sex offenders or child abusers
Logan, Cara	St. George Veteran's Center 1664 S. Dixie Dr. #C-102 St. George, UT 84770 (435) 673-4494 cara.logan@va.gov	Children Adolescents Adults Seniors	Yes	Yes	Yes	1-800-273-8255		<ul style="list-style-type: none"> VA Services at no cost No sliding fee scale 	Services provided to combat veterans, military sexual trauma veterans, active duty military, and significant others/families
Marshall, Paul	Beaver Valley Hospital 1109 N. 100 W. Beaver, UT 84713 (435) 438-7275 pmarshall@beaverhospital.net	Children Adolescents Adults Seniors	Yes	Yes	Yes	435-438-7100	<ul style="list-style-type: none"> Most insurances accepted or able to get on the panel to set up single case agreements 	<ul style="list-style-type: none"> Individual & family—Initial-\$175 , then \$115 No sliding fee scale Does pro bono work 	
Mendez, Ari	Family Health Care 25 North 100 East, Suite 102 St. George, UT 84770 (435) 986-2565 ari@familyhc.org	Adolescents Adults Seniors	Yes	Yes			<ul style="list-style-type: none"> Medicaid 	<ul style="list-style-type: none"> Sliding Scale 	Spanish speaking
Petersen, DeNean	Southern Utah University/ Private Practice 383 North 600 West Cedar City, UT 87421 (435) 590-7251 petersendn@suu.edu	Adolescents Adults Seniors	Yes	Yes	Yes		<ul style="list-style-type: none"> Alliant EAP BCBS Bloomquist Hale EAP Intermountain EAP Medicare PEHP RBH EAP 	<ul style="list-style-type: none"> Individual - \$85 Family-\$180 Group-\$45 per session Has sliding fee scale Does pro bono work 	<ul style="list-style-type: none"> Private payment is due at time of service Focus is on short term, brief therapy
Rees, Jared	LDS Family Services 2202 North Main, Suite 301 Cedar City, UT 84720 (435) 586-4479 reesjd@ldsfamilyservices.org	Adolescents Adults Seniors		Yes			<ul style="list-style-type: none"> Several – have central billing 	<ul style="list-style-type: none"> Individual - \$75 Family-\$75 Group-\$35 No sliding fee scale No pro bono work 	Does a lot of work with women who have been sexually abused

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Richey, Susan	Brighter Future Counseling/Independent Contractor P.O. Box 1532 Cedar City, UT 84721 (435) 773-2977 srichey@hotmail.com	Children Adolescents Adults Seniors	Yes	Yes	Yes	435-586-2182	<ul style="list-style-type: none"> Aetna BCBS EMI Third Party United Health Care 	<ul style="list-style-type: none"> Individual & Family-\$60 Group-\$30 Has sliding fee scale Does pro bono work 	
Ruud, Ryan	Utah Behavior Services 1067 E. Tabernacle St. St. George, UT 84770 (801) 872-3489 ryrruud@gmail.com	Adolescents Adults	Yes	Yes	Yes		<ul style="list-style-type: none"> Aetna Altius Arches BCBS Cigna SBHC Medicaid (Traditional) Tri-Care United Healthcare 	<ul style="list-style-type: none"> Has sliding fee scale Does pro bono work 	Great facilities, personable, confidential, work from mental and behavioral perspective
Sanderson, Daniel	Therapy Associates 166 N. 300 W. St. George, UT 84770 (435) 862-8273 dan@therapyassociates.net	Children Adolescents Adults Seniors	Yes	Yes	No		<ul style="list-style-type: none"> BCBS 	<ul style="list-style-type: none"> Individual & Family-\$110 Group-\$35 Has sliding fee scale Does pro bono work 	Therapy Associates has a number of other therapeutic resources available to engage in strategic family therapy as well as providing effective and impacting experiential therapy.
Sauceda, John	Professional Counseling Services 337 North Main, Suite 200 Cedar City, UT 84720 (435) 327-2216 johnsauceda85@gmail.com	Adolescents Adults Seniors	Yes	Yes	Yes			<ul style="list-style-type: none"> Individual & Family-\$75 Has sliding fee scale Does pro bono work 	Spanish speaking
Shinedling, Teresa	640 East 700 South, Suite #201 St. George, UT 84770 (435) 652-3775 teresahin2005@yahoo.com	Children Adolescents Adults Seniors	Yes	Yes	Yes		<ul style="list-style-type: none"> Aetna BCBS Cigna Medicare Select Care Tri-Care United Behavioral Health 	<ul style="list-style-type: none"> Individual - \$150 Family-\$200 Group-\$60 Has sliding fee scale No pro bono work 	Provides service to a select number of LDS bishops and their wards and stakes
Sorensen, Scott	351 W. Center Centrum #225L Cedar City, UT 84720 (435) 586-1938 sorensen_s@suu.edu	Children Adolescents Adults	No	Yes	No		Variety	<ul style="list-style-type: none"> Individual & Family-\$75 	
Southern Utah University Counseling & Psych. Services	351 W. University Blvd Cedar City, UT 84720 (435) 865-8621 hillc@suu.edu	Adults	Yes	Yes	Yes	435-865-8621		<ul style="list-style-type: none"> Free for SUU students No sliding fee scale No pro bono work 	Counseling services are free of charge for SUU students. We follow a short-term model.

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Southwest Behavioral Health Center	<p>Website: www.sbhcc.us</p> <p><u>Beaver Office</u> 75 W. 1175 N. Main Beaver, UT (435) 438-5537</p> <p><u>Cedar City Office</u> 245 East 680 South Cedar City, UT 84720 (435) 867-7654</p> <p><u>Kanab Office</u> 445 North Main Kanab, UT 84741 (435) 644-4520</p> <p><u>Panguitch Office</u> 601 E. Center Panguitch, UT 84759 (435) 676-8176</p> <p><u>St. George Office</u> 474 West 200 North St. George, UT 84770 (435) 634-5600</p>	Children Adolescents Adults Seniors	Yes	Yes	Yes	1-800-574-6763	<ul style="list-style-type: none"> Medicaid Medicare Accept all insurances, but may not be contracted with all companies 	<ul style="list-style-type: none"> Client co-payments set according to a sliding fee scale 	
Stout, Mercy	<p>Zion Counseling P.O. Box 125 Glendale, UT 84729 (435) 592-2296 mercyscounseling@gmail.com</p>	Children Adolescents Adults Seniors	Yes	Yes	Yes			<ul style="list-style-type: none"> Individual - \$75 Family-\$75 No sliding fee scale No pro bono work 	
Talbot, Russ	<p>Counseling Services of Southern Utah 561 E. Tabernacle St. George, UT 84770 (435) 673-2822 russt@talbotrehab.com</p>	Adolescents Adults Seniors	Yes	Yes	Yes	435-673-2822	<ul style="list-style-type: none"> Most insurances (not Medicaid or Medicare) 	<ul style="list-style-type: none"> Individual & Family-\$50-\$125 Group-\$20 No sliding fee scale No pro bono work 	Full service organization.
Thorpe, Paul	<p>U of U College of Social Work 1071 E. 100 S. #A100 St. George, UT 84770 (435) 632-5453 paulthorpe@utah.edu</p>		No	No	No			<ul style="list-style-type: none"> No sliding fee scale Does pro bono services (for LDS church only) 	

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Townsend, Natalie	Cindy Jones 965 S. Main St. #5 Cedar City, UT 84720 (435) 592-4150 natalietownsend77@gmail.com	Adolescents Adults	No	Yes	No		<ul style="list-style-type: none"> BCBS EMIA PEHP Tricare 	<ul style="list-style-type: none"> Individual & Family-\$80 Group-Varies Has sliding fee scale No pro bono work 	
Weaver, Max Kimball	Home Health 157 Rountree Dr. Cedar City, UT 84720 (435) 590-6758 jhweaver@accesswest.com	Adolescents Adults Seniors	Yes	Yes	Yes			<ul style="list-style-type: none"> Has sliding fee scale Does pro bono work 	Works part-time
Whiting, Susan	250 W. Preachtree Dr. Toquerville, UT 84774 maxandsusanw@yahoo.com		No	No	No				
Williams, Rosalie	P.O. Box 873 Beaver, UT 84713 (435) 438-5461 rosaliewilliams123@gmail.com	Adolescents Adults Seniors	Yes	Yes	No		<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> Individual - \$50 No sliding fee scale No pro bono work 	<ul style="list-style-type: none"> Some pro bon work Residential and private since 1993 Adolescents – depression, suicidal, oppositional, cutters
Woolf, Shannon	Doctor's Volunteer Clinic 1036 E. Riverside Dr. St. George, UT 84790 (435) 656-0022 shannonwoolf@gmail.com	Children Adolescents Adults	Yes	Yes	Yes			<ul style="list-style-type: none"> Has sliding fee scale Does pro bono work 	
Young, Sid, Dr.	Premier PCC PC/DRMC Behavioral Med 230 North 1680 E. Ste, T2 St. George, UT 84790 (435) 688-4343 drsids@premierpcc.com	Children Adolescents Adults Seniors	Yes	Yes	Yes		<ul style="list-style-type: none"> BCBS Cigna EAP (Various) EMI PEHP Value Options Religious referrals SBHC (Contract for Medicaid) Select Health Tri-Care/Optum United Health Utah State Vocational 	<ul style="list-style-type: none"> No sliding fee scale No pro bono work 	Offers alternative therapy approaches (mindfulness, meditative practices, guided imagery, energy)